

"RECOGNIZED COURSES & TRAINING DIRECTORY" *for the* **UBCP/ACTRA STUNT COMMUNITY**

STUNT PERFORMER SKILLS, TRAINING & COUSES:

MARTIAL ARTS

Kirk Jacques "Stunt Beats" – film fighting - <https://www.facebook.com/groups/717082051680329/>

FKP-MMA – Chris Franco's Kickboxing – Pankration - <http://www.fkpmavancouver.com/>

Gibson Kickboxing & Pankration Inc. - Lance Gibson Sr. - <http://www.gibsonmma.com/>

Capoeira - Aché Brasil under Master Eclilson de Jesus - <http://achebrasil.ca/>

Martial Arts Training Center – Gary Herman (Instructor) <http://www.tacticalfighting.ca/index.htm>
– Mixed martial Arts, Brazilian Ju Jitsu, Filipino Martial Arts

GYMNASTICS, ACROBATICS, PARKOUR

Flicka Gymnastics – North Vancouver - <http://www.flickagymclub.com/#!drop-in/cvba>

ACRO-GYM - Cameron Recreation Centre - Burnaby, BC
Acrobatics, Gymnastics, Trampoline for Adults
Thursdays 9:00pm - 11:00pm (8:00 – 10:00pm summer) / Coach: Jovan Nenadic - **604-802-4487**

Delta Gymnastics – Mike's Adult Drop In - www.deltagymnastics.com

Delta Sport Development Centre - Delta (Ladner) BC
Open format, you can work on anything: Gymnastics, martial arts, tricking, trampoline, mini tramp, free running, parkour, weapons, wire work (pull station), 12' high falls.
COACHES: Irma Leong -604-340-1848* Sun 8 - 10pm / Mike Ching - 604 818-1890 * Tues 9:30 - 11:30pm

Trampoline

Instructor: Darryl Scheelar - 604 551 0441 flippityfilmworks@shaw.ca

The Underground Circus - <http://www.undergroundcircus.ca/>

Peter Boulanger - peter@undergroundcircus.ca

The Circus Lab (Langley) - <https://www.thecircuslab.ca/>

Phone & Email: 604-357-5277 – info@thecircuslab.ca

Acrobatic Conditioning & Staff Manipulation – <http://www.acrobatic-conditioning.com/>

Michelle C. Smith – 778-837-9354

Origins Parkour - Main St., Vancouver - <http://www.originsparkour.com/>

DRIVING COURSES

Local:

- **Reel Stunt Driving School** - Rick Pearce - Tradex/Abbotsford, BC – 604-454-7328
- **Nixon Pro Sports** - Vancouver area - <http://www.nixonprosports.com/>
- **Sport Car Club of BC** - Mission, BC - <http://www.sccbc.net/>
- **Mission Raceway** - Mission, BC - <http://missionraceway.com/>
- **Ice Racing** - <http://www.carsonice.ca/>

USA:

- **Rick Seaman Stunt Driving School** - <http://www.rickseamanstuntdrivingschool.com/>
Willow Springs International Raceway, 3500 75th St., West Rosamond, CALIFORNIA 93569
- **Bobby Orr Motor Sports** - Camarillo, CALIFORNIA - <http://www.bobbyoresports.com/>
- **Drift 101** - LA area of SOUTHERN CALIFORNIA (but course travels around too) - <http://drift101.com/>
- **Dirtfish Rally School** - Snoqualmie, WASHINGTON - <http://www.dirtfish.com/>
- **Bondurant School of High Performance Driving** - Chandler, ARIZONA - <http://www.bondurant.com/>

MOTORBIKE COURSES

Justice Institute of BC Motorcycle Courses – New Westminster, BC - (Class 6 licence acquisition)

<http://www.jibc.ca/programs-courses/schools-departments/school-public-safety/pacific-traffic-education-centre/motorcycle-training>

1st Gear Motorcycle School - Richmond, BC - (Class 6 licence acquisition) - <https://1stgearmotorcycleschool.ca/>

Pacific Riding School - Surrey, BC - <http://www.pacificridingschool.com/>

Justice Institute of BC Motorcycle training - <http://www.jibc.ca/programs-courses/schools-departments/school-public-safety/pacific-traffic-education-centre/motorcycle-training>

Westcoast Superbike School - <http://www.westcoastsuperbikeschool.com/>

American Supercamp Motorcycle Technique Schools - <http://www.americansupercamp.com/>

Various US locations

CLIMBING

- **Climbing Stunties (FB group)** - <https://www.facebook.com/groups/100514108678/>
- **The Edge** – North Vancouver - <http://www.edgeclimbing.com/>
- **Cliffhanger climbing gym** – Vancouver - <http://cliffhangerclimbing.com/vancouver/>
- **The Hive – Bouldering** - Vancouver - <http://hiveclimbing.com/vancouver/>
- North Shore - <http://hiveclimbing.com/northshore/?p=306>
- **Perry Beckham** - <https://pbeckham.wordpress.com/courses-and-schedule/>
- Top rope Rock climbing, Artificial Anchors for Belays & Leading, Improvised/companion rescue/ (ACMG), Glacier Travel/Cravasse rescue (ACMG)

MISCELLANEOUS COURSES

Fire safety

- **Fire Safety & Extinguisher Training**
 - Justice Institute of BC - <http://www.jibc.ca/course-old/fs001>
 - Vancouver Fire Services – 2 hr. group training can be arranged at a location of your choosing. <http://vancouver.ca/home-property-development/take-a-fire-and-life-safety-course.aspx>
- **Fire Safety – ER Plus Risk Management Group** - http://www.erplus.com/Training.html#Fire_Safety

Firearms Training

- **Firearm Safety Level 1 – ACTSAFE/Felcan Ent.** - <http://www.actsafe.ca/courses-certifications/>
Developed & presented by Felcan Enterprises, this 1-day course provides & introduction to Firearm Safety for the entertainment industry. Course covers safe working practices & legislative requirements & is of vital importance for those involved in supervising, planning or working on projects involving firearms. **THIS COURSE is FREE as of Sept.1, 2015!!!**
- **Canadian Firearms Safety Course** - <http://www.safeshooter.ca/courses/cfsc>
- **“Civil Advantage” – firearms courses** - <http://www.civiladvantage.com/courses.php>

Small Boat Operators license - <http://www.boatinglicense.ca/>

- To operate a powered watercraft in Canada, it is Canadian law to carry the Pleasure Craft Operator Card*

S.C.U.B.A. - any location, Open Water Diver, Advanced, Rescue, PADI dry suit, Navigation, Wreck diving, etc.

Jet Ski Lessons - Rick Pearce - 604-454-7328 - General lessons or ‘tune-ups’ for doubling/actors, etc.

Horse Back Riding – Lessons & Coaching

- Krystal Campbell - <http://www.krystalcreekriding.com/> Pitt Meadows
778-858-5909 or kc@krystalcreekriding.com
- Janina Nenadic - Insured BHA Coach - Burnaby - 604-802-3255 janinadall@mac.com
- Beginner to Advanced – dressage, jumping, trails, western, bareback

ACTING

Finding an acting teacher is as individual as finding a doctor or trainer. Connection counts. So do results. Too many training actors confuse 'liking' their instructor with progress in developing acting skills. The test is pretty simple - do you book more, or less? If the student isn't booking more, the training, even if very enjoyable, will not help them meet their career goals. Luckily there are a lot of teachers in town. The odds are very good that everyone can find someone who can really help them. A measure of a good teacher is their own professional experience. The best instructors most often have acted themselves. In Vancouver this includes some of the following schools and instructors:

- Act Vancouver - Patrick Sabongui - <http://actvancouver.com/index.html>
- Actor’s Foundry - <http://actorsfoundry.com/> - Mathew Harrison
- Ben Ratner Haven Studio - <http://benratner.com/bonus.html>
- Ingrid Torrance - <http://www.ingridtorrance.com/coach/teacher/>
- Lori Triolo - The Art of Acting - <https://www.facebook.com/pages/Lori-Triolo-The-Art-of-Acting/116846671699610>
- Railtown Actors Studio - <http://railtownactors.com/> - John Cassini, Kerry Sandomirsky & Kate Twa
- Vancouver Acting School! (VAS) - <http://schoolcreative.com/program-departments/acting/>
- Vancouver Institute of Media Arts (VanArts)- <http://www.vanarts.com/staff/chilton-crane> - Chilton Crane

RIGGING - COURSE SUPPLIERS & RELEVANT COURSES

Actsafe - <http://www.actsafe.ca/courses-certifications/> (*subsidised for film industry workers!)

- Aerial Platform (inexperienced & experienced),
- Forklift training
- Fall Protection

Pacific High Rigging and Safety Limited - Perry Beckham - <http://www.perrybeckham.com/>

*Courses are catered to Film Industry workers, including stunt riggers, coordinators & performers – Squamish.

- Introduction to Occupational Health & Safety (OH&S)
- Fall Protection & Work Positioning
- Fall Arrest
- Rescue Tower Climbing and Rescue
- SPRAT Rope Access Level 1-3
- High Angle Rope Rescue (JIBC EMD)
- FX/Stunt Rigging Level 1 & Level 2
- Top-rope Rock climbing
- Artificial Anchors for Belays & Leading
- Improvised / Companion Rescue (ACMG)
- Glacier Travel/Crevasse Rescue (ACMG)

Leavitt Machinery training – <http://www.leavittmachinery.com/training/training-classes>

- Fall protection
- scissor lifts
- boom lifts
- forklifts
- heavy equipment training

Raven Rescue – <http://ravenrescue.com/schedule>

- Swift water rescue
- Confined space technician
- Technical rope rescue
- Wilderness First Aid

CRAS (Canadian Rope Access Specialists) - <http://www.cras.ca/>

- SPRAT
- IRATA
- Tower Climbing & Rescue
- Technical Rope Rescue
- Fall Protection
- Fall Arrest

ER Plus Risk Management Group - http://www.erplus.com/Training.html#Fall_Protection

- Fall Protection,
- Confined Space
- Rigging Safety Basics

Justice Institute of BC – Fire & Safety Division -

<http://www.jibc.ca/programs-courses/schools-departments/school-public-safety/fire-safety-division/fire-service-industry/courses-type>

- Rescue basics
- Confined space rescue
- Fall protection
- High Angle Rope Rescue

Carleton Rescue Equipment - <http://carletonrescue.com/courses/> - courses will be posted mid-Sept. 2015

FIRST AID TRAINING

Occupational First Aid Level 1

ACTSAFE - <http://www.actsafe.ca/courses-certifications/> (*subsidised for film industry workers!)

Trauma Tech - <http://www.traumatech.com/courses>

St John's Ambulance - <http://www.sja.ca/English/Courses-and-Training/Pages/Course%20Descriptions/Workplace-Courses.aspx>

Occupational First Aid Level 2 and 3 –

Trauma Tech - <http://www.traumatech.com/courses>

St John's Ambulance - <http://www.sja.ca/English/Courses-and-Training/Pages/Course%20Descriptions/Workplace-Courses.aspx>

Cardiac Arrest Management (CAM) –

ACTSAFE - <http://www.actsafe.ca/courses-certifications/> (*subsidised for film industry workers)

“SUPERVISOR COURSES” (Stunt Coordinators, Key Riggers, etc.):

BC FEDERATION OF LABOUR COURSES FOR SUPERVISORS:

<http://www.healthandsafetybc.ca/files/uploads/2015HSC-Courses.pdf>

Occupational Health & Safety Level 1 (OH&S Level 1) – 8 hrs. COST : \$115

- This introductory OH&S course introduces the basic principles of workplace health & safety.
- Learn the legal responsibilities, duties and functions of the Joint OH&S Committee.
- Learn about health & safety legislation (Prov. & Fed.), workplace parties' rights & responsibilities.
- Be updated on changes to health and safety legislation.
- Learn about principles of workplace assessment and control strategies.
- Locate existing health & safety resources.

Occupational Health & Safety Level 2 - (*prerequisite OH&S Level 1) – 8 hrs. COST: \$115

- Learn about Human Health, Routes of Entry and Musculoskeletal Injuries.
- Explain Hazard Identification, Assessment & Control principles. (Inspections, Job Safety Analysis, Work Procedures and Hazard Reporting Methods).
- Discuss legal requirements (Prov. & Fed.) & elements of an effective Health & Safety Program.
- Learn concepts around Hazard & Risk Assessments.
- Learn hazard control principles, setting priorities, hierarchy of controls & developing recommendations.

Supervisor Health & Safety Responsibilities – 8 hrs. COST: \$115

Supervisors play a critical role in the workplace because they have the authority to oversee the work of others. Supervisors have considerable responsibilities under Occupational Health & Safety Legislation. A supervisor is required to be qualified by knowledge, training and experience in the work they oversee; be familiar with the legislation that applies to their workplace and knowledgeable about actual or potential workplace hazards, so they can in turn advise workers about these hazards.

- Discuss legal requirements and responsibilities (Provincial & Federal).
- State the supervisor's role in addressing work refusals and conducting investigations.
- Identify the supervisor's role in conducting workplace inspections.
- Learn the principles of demonstration of “due diligence”.

****This program also reviews relevant case law and provisions of the Criminal Code of Canada (Bill C-45) to help participants better identify types of work that are supervisory in nature and their related legal duties, and understand the consequences of non-compliance.*

Incident Investigations – 8 hrs. COST: \$115

When an incident or "near hit" happens at the workplace an investigation by the employer and the OH&S committee must take place. Incident investigation is a serious matter. It is your responsibility to gather the facts, objectively assess those facts and arrive at appropriate solutions to prevent future incidents. How do you conduct an effective investigation? This course will aim to improve your investigative skills, determine 'root causes' and develop effective recommendations. In this course participants will:

- Name legislation requirements (Provincial & Federal) for incident/accident investigations.
- Examine the principles of incident causation.
- Learn how to conduct a proper investigation by gathering the facts.
- Learn how to analyze the results of your investigation & determine contributing factors and root causes.
- Learn how to prepare reports and develop effective corrective actions.
- Conduct a class incident investigation and put theory to practice.

Understanding & Conducting Risk Assessments – 8 hrs. COST: \$115

Legislation requires all employers to assess risk in the workplace in a variety of situations. This course will cover when a risk assessment must be completed and will give participants hands on experience in a variety of different methods of conducting risk assessments. In this course participants will:

- Learn about the risk assessment process specific to hazard identification, analyze and evaluate the risk associated with the hazard and determine appropriate ways to eliminate or control the hazard.
- Learn in practical terms that a risk assessment is a thorough look at your workplace specific to things that may cause harm to workers.
- Summarize hazard prioritization and precautionary principles.
- Learn how to generate awareness of hazards and risks.

ACTSAFE COURSES FOR SUPERVISORS *(and performers too!):*

Motion Picture Safety Awareness – \$25* (+ GST) *THIS COURSE is FREE as of Sept 1, 2015!*****

<http://www.actsafe.ca/courses-certifications/>

This 3 hour general safety course is designed specifically for the film and television industry.

Requirement to become an associate member with the Directors Guild of Canada. Great for beginners & veterans.

Motion Picture Supervisor Safety – \$25* (+ gst)

<http://www.actsafe.ca/courses-certifications/>

This 3 hour course is designed to meet the requirements of supervisor training for the Film and Television industry.

Course content includes:

- The roles and responsibilities of supervisors under WorkSafeBC OH&S in British Columbia;
- Techniques for effective supervision;
- Promotion of proactive safety culture in the industry;
- The test for Due Diligence;
- Prosecutions;
- Where and how to access OH&S information and resources; and Case Studies.

*This course is required for DGC upgrade.